

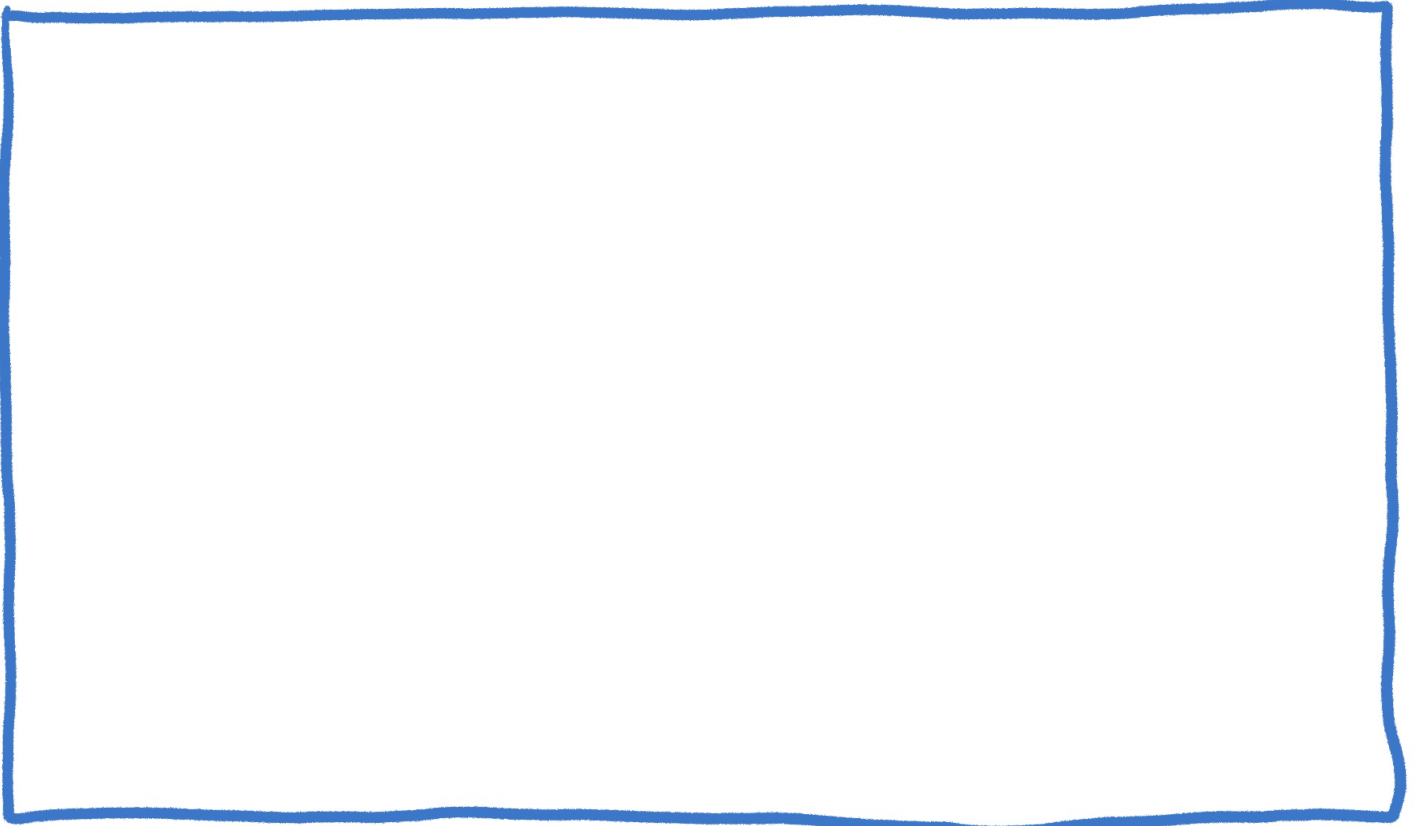
- ▣ What are you rediscovering about yourself and life during this time?

- ▣ What are your top three goals this week?

- What has the pandemic taught you about being a parent?

- What have you learned about family over the last month?

- ▣ What have you learned about yourself since the pandemic started?



- ▣ How has life shifted over the past month?

